



sleepless beader™
Designs by Leslie Rogalski
www.sleeplessbeader.com

The
**BEAD
SMITH**
This project may be taught
and distributed exclusively by
customers of the BeadSmith.

Groovy Cuff

by Leslie Rogalski



Textured groovy tiles step out with Delicas in a modified square stitch cuff with an integrated opening-and-toggle bar closure. Peace, love and happy beading!

Skills required: Square stitch, odd count peyote stitch, zipping up a peyote tube, ending and adding thread. These are assumed and are not explained in detail in this tutorial.

WHAT YOU NEED for a 7" inch cuff when closed
(Add for length: 4 Color A and 2 color B groovy tiles per half inch)

40 Groovy tiles color A (outside color)

18 Groovy tiles color B (middle color)

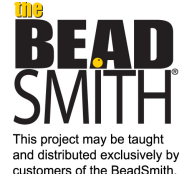
1.5g Size 10 Delica beads color DA (white)

1.5g Size 10 Delica beads color DB (black)

Wildfire or beading thread to match outside color (A) groovy beads. Thread shows along sides.

Size 12 beading needle

Scissors or thread zap



NOTES

The Delica beads are always strung in a trio, colors A-B-A, shown in these illos as white-black-white. They are just called the "3D" beads in this tutorial for simplicity of text.

The color B groovy beads are always in the middle.

MAIN CUFF BAND

1. On a 5 ft piece of thread, work in square stitch: string an A, 3D and a B. Sew through the 3D again, pulling the beads snug. String an A and snug the stitch. Sew through the open hole of the A, through the stitched hole of the middle B, and the open hole of the remaining A. FIGURE 1

2. String 3D and square stitch to the A above. Sew through the open hole of the middle B. String 3D and square stitch them to the other A. FIGURE 2

3. As always in square stitch, reinforce through the stitching: sew straight through the A, B, and A, then back through the 3D, B, and 3D. FIGURE 3

4. String an A and square stitch it to the 3D above it. String 3D and square stitch to the middle B above it. String an A and square stitch to the 3D above it. FIGURE 4

5. Reinforce: sew through the 3D, B, and 3D, through the A, 3D in the middle, and A. FIGURE 5

6. Sew through the open hole of the A. String a middle B and square stitch to the middle 3D above it. Sew through the open hole of the other A. FIGURE 6

7. Reinforce. Sew through the A, 3D, and A, then through the A, middle B, and A. FIGURE 7

8. Continue to work in square stitch and reinforce, alternating the 3D between the groovy tiles, for a total of 19 side A beads and 19 middle B beads for a 7 inch cuff. FIGURES 8 to 14

Remember to reinforce (FIGURE 14.) For a longer cuff, add a few rows as needed, but make sure to end with the middle B bead indented as shown in Figure 13 before continuing to build the window in Steps

Your thread path direction may not match to the illustrations, depending on the length of your bracelet.



CLOSURE OPENING FOR TOGGLE BAR

The final steps will become the window through which your closure toggle bar will fit. When closed, the bracelet has no gaps!

9. Square stitch 3D to one side A bead. String an A exiting towards the middle of the band. FIGURE 15

10. Sew again through the 3D and A bead to reinforce. String 3D and an A. Sew back through the open hole of the A just added. You do not reinforce the 3D just added yet. FIGURE 16

11. String 3D and square stitch to the 3D added in the previous step. Sew through the open hole in the A bead, and back towards the middle through the top hole of this same A bead. Continue through the 3D, and the top hole of the other A. FIGURE 17

12. Sew through the bottom hole of the A, square stitch (yes, again) the two rows of 3D to each other to reinforce. Sew through the bottom hole of the A and back towards the middle through the top hole of the A being exited. Continue to sew across the row, to exit the top hole of the other A. FIGURE 18

13. String 3D and square stitch to the A being exited. Square stitch the 3D just added to the A bead above. Secure your thread end and trim. FIGURE 19

TOGGLE BAR

14. On a new 18" piece of thread, string alternating two colors of Delica beads to make a striped, odd count peyote strip 9 beads wide by 4 rows. Zip together into a tube and exit through any bead in the middle stripe. String 4 Delicas (of the same color). Sew through the top row of 3D at the NON CLOSURE end, the beginning of your cuff band. String 4 more Delicas, same color. Sew through the tube bead being exited.

Repeat this thread path a few times to reinforce. Sew back into the piece to further secure the thread, and trim. FIGURE 20



GROOVY CUFF ILLUSTRATIONS

2016 LESLIE ROGALSKI ALL RIGHTS RESERVED

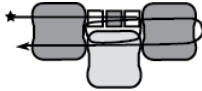


FIGURE 1

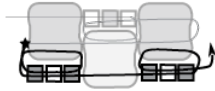


FIGURE 2

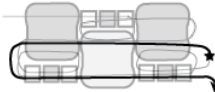


FIGURE 3

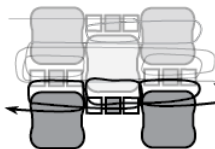


FIGURE 4

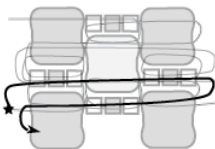


FIGURE 5



FIGURE 6

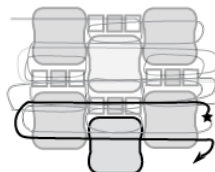


FIGURE 7



FIGURE 8

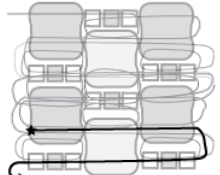


FIGURE 9

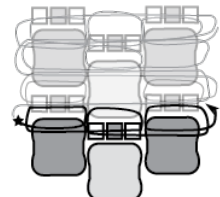


FIGURE 10

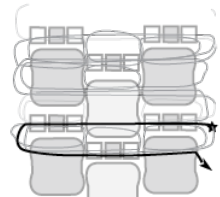


FIGURE 11

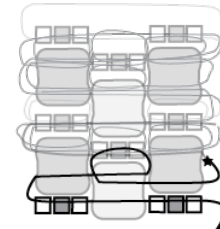


FIGURE 12

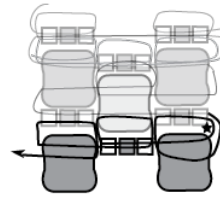


FIGURE 13

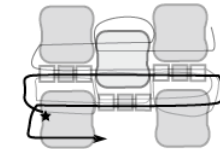


FIGURE 14

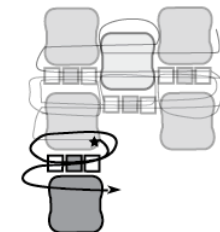


FIGURE 15

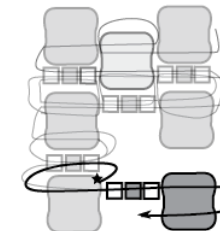


FIGURE 16

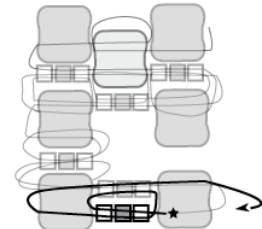


FIGURE 17

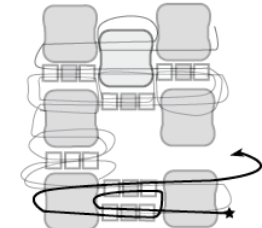


FIGURE 18

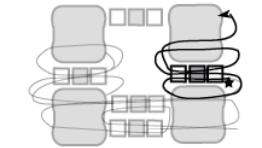


FIGURE 19

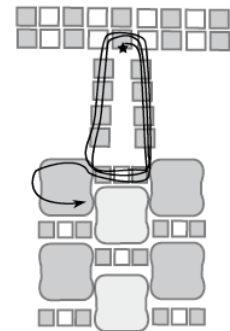


FIGURE 20