

# CHERRY and LICORICE Rulla Duet Pendant Designed by Carolyn Cave 

Not only does the rulla bead used in this pattern have two holes, it also has two colours. Play with the colour of these beads to create a pendant that is visually interesting.

## Materials - Pendant

9 g (72 beads) $2.5 \times 5 \mathrm{~mm}$ rulla duets, black and white
1.5 g ( 12 beads) $2.5 \times 5 \mathrm{~mm}$ rullas, black
$183 \times 5 \mathrm{~mm}$ faceted donut, red lustre
24 2x3mm True2 faceted micro spacers, black
2g size 11/0 Japanese seed beads, black
1 g size 11/0 Japanese seed beads, white
1 g size 15/0 Japanese seed beads, black
$28 \times 5 \mathrm{~mm}$ oval jump rings, 18 gauge
Fireline beading thread, 10-pound test, smoke
beading needle, size 10 or 12
scissors or thread cutter
beading mat

## Comments

The direction of the thread changes for almost every round of the pendant. This is because "stepping up" to the next round involves sewing into the second hole of a rulla, thereby changing the direction of the stitching.
Wear the pendant on your own purchased chain.
Stiches Used
circular netting
Finished Size
$6.5 \times 6.5 \mathrm{~cm}(21 / 2 \times 21 / 2$ inches $)$

## Method

1. Cut 180 cm (6 feet) of beading thread. Attach a needle to one end.

Round 1: Pick up one rulla duet bead from the dark side (rulla DS) and one rulla duet bead from the light side (rulla LS). Repeat five more times. Sew through all of the beads again, forming a ring. Slide the ring of beads towards the end of the thread till a 10 cm ( 4 inch) tail remains. Pull the thread snug and tie the two ends into a secure square knot. Sew through the first two beads for a third time. Change direction by sewing through the second hole of the rulla that the thread is leaving (Figure 1, $a-b$, blue). The thread will run along the dark side of the rulla.


Round 2: Pick up one faceted donut and sew through the second hole of the next two rullas. Ensure that the donut is between the two light sides of the rullas (Figure 1, b-c, purple). Repeat b-c five more times. Sew through the first donut again (Figure 1, c-d, green).

Round 3: Pick up one rulla LS, one black size $11 / 0$ seed bead, one micro spacer, one black 11/0 and one rulla DS. Sew through the next donut (Figure 2 , $a-b, b l u e)$. Repeat $a-b$ five more times. Sew through the first rulla added. Change direction by sewing through the second hole of this same rulla (Figure 2, b-c, green).

Round 4: Pick up one white size 11/0 bead. Sew through the next rulla. This white bead should sit above the donut in the round previous round. Pick up one rulla DS, one rulla LS, one rulla DS and one rulla LS. Sew through the next rulla of the round below (Figure 3, a-b, orange). Repeat a-b five more times. Sew through the first 11/0 added again. Follow the thread path through the next three rullas. Change direction by sewing through the second hole of this last rulla (Figure 3, b-c, green).

Round 5: Pick up one donut. Sew through the second hole of next rulla. Pick up one black 11/0, one micro spacer and one black 11/0. Sew through the next rulla. Pick up one donut and sew through the next two rullas. The donuts should sit between the two light sides of the rullas (Figure 3, c-d, blue). Repeat c-d five more times. Sew through the first donut again (Figure 3, d-e, purple).


Round 6: Pick up one rulla LS, one black 11/0, one micro spacer, one black 11/0 and one rulla DS. Sew through the next donut of the round below. Pick up one rulla LS, one micro spacer and one rulla DS. Sew through the next donut of the round below (Figure 4, a-b, red). Repeat a-b five more times around the work. Sew through the first rulla picked up in this round. Change direction by sewing through the second hole of this same rulla (Figure 4, b-c, blue).

Round 7: Pick up one white $11 / 0$ and sew through the second hole of the next rulla of the round below. Pick up two black $15 / 0$ s and sew through the micro spacer in the round below. Pick up two black 15/0s and sew through the next rulla (Figure 4, c-d, yellow). Pick up one white 11/0 and sew through the second hole of the next rulla of the round below. Pick up three black $15 / 0$ s and sew through the micro spacer in the round below. Pick up three black 15/0s and sew through the next rulla (Figure 4, d-e, orange). Repeat a-c five more times around the work, ending at c. Sew through the first white 11/0 added, the next rulla, two $15 / 0$ s, micro spacer and two more 15/Os (Figure 4, e-f, green).


Round 8: Pick up one black 15/0, one white $11 / 0$, one black $11 / 0$, one black rulla, one black 11/0, and one white $11 / 0$. Turn around and sew back through the rulla, white $11 / 0$ and rulla of the row below. Skipping the black 15/0 just picked up, sew through the white $11 / 0$, black $11 / 0$, rulla, black $11 / 0$ and white $11 / 0$ again. Pull the thread snug. Sew through the next three $15 / 0 \mathrm{~s}$, micro spacer and three $15 / 0$ s (Figure 5, a-b, blue). Pick up one white $11 / 0$, one black 11/0, one black rulla, one black 11/0, and one white 11/0. Turn around and sew back through the rulla, white $11 / 0$ and rulla of the row below. Sew through the white $11 / 0$, black $11 / 0$, rulla, black $11 / 0$ and white 11/0 again. Pull the thread snug. Pick up one black $15 / 0$ and sew through the next two $15 / 0 \mathrm{~s}$, micro spacer and two 15/0s (Figure 5, b-c, orange).
Repeat a-c six more times around the outside edge of the pendant, ending back at a (Figure 5, c-d, green). Sew through beads of this round again till the thread exits the first micro spacer. Sew through the adjacent black 11/0 of Round 7 (Figure 5, d-e, red).

2. Make a small bail at this point by picking up nine black size $15 / 0$ seed beads and sewing through the $11 / 0$ at the other side of the micro spacer, the micro spacer and the $11 / 0$ that the thread is leaving (Figure 6, a-b). Repeat this thread path once more to strengthen the bail. End the thread by sewing through the work for several inches, following an existing thread path and tying several overhand knots along the way. Trim the thread.
3. End the tail thread by sewing through the beads. Follow existing thread paths and tie several overhand knots along the way. Trim the thread.
4. Open one of the jump rings using two pairs of pliers. Slip the jump ring through the loop of beads made as the bail. Close the jump ring. Repeat with the second jump ring. Slip a purchased chain through the two jump rings, and enjoy your new pendant!


If you would like to see more of Carolyn's work, look for her books in your local bead store or request it through stores supplied by The BeadSmith. Order it online from the publisher, Kalmbach Books, or from Amazon.


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